

Seeking Assistance and Self-Advocacy

MODULE OVERVIEW: Students will explore community and school resources, deepen their understanding of their rights and responsibilities, and practice self-advocacy as they plan for the future.

TOPICS/REQUIREMENTS COVERED:

- Explore how personal strengths, aptitudes, interests and values connect with future career paths.
- Identify school and community resources for mental, physical, and financial well-being, including an understanding of how to seek assistance.
- Understand the rights and responsibilities that come with being a member of communities and organizations.
- Satisfies OR Requirement(s): HS.HECPS.A2, HS.HECPS.A3, HS.HECPS.A4

MATERIALS INCLUDED:

- Resources, rights, responsibilities and self-advocacy handout

QUESTIONS:

Kristin Mullady

Financial Education Specialist



PACIFIC NW
FEDERAL CREDIT UNION

Want more resources like this?

Visit: pnwfcu.org/school-resources

